



What's new

HEARTSTRINGS HARP CONCERT AND INTERACTIVE MUSICAL EXPERIENCE

Join ArtsCare musicians Lisa Lynne and Laura Zaerr for a unique interactive experience, designed for cancer patients, survivors and caregivers.

Participants will enjoy a Celtic harp concert, then get the chance to try their hand at making music on a harp! No musical experience is necessary to take part in the uplifting and inspiring event. Harps are provided.

This free concert will take place on Thursday, Sept. 12, from 6:30 to 8 p.m., at Samaritan Radiation Oncology – Corvallis, 501 NW Elks Drive, Corvallis.

SATURDAY ARTSCARE WORKSHOP

Free art workshop for cancer patients, survivors and caregivers. No art experience needed, just a willingness to have fun!

Reimer Building, 1085 Sixth Ave. SW, Albany

Saturday, Sept. 14, 10 a.m. — Noon

Space is limited and reservations are required. To register or for more information, please contact Sara Krainik, ArtsCare coordinator, at 541-768-6762 or skrainik@samhealth.org.



HeartStrings participants try their hand at making music on a harp.

September Highlights

LUNAFEST

LUNAFEST, a traveling film festival celebrating short films by, for and about women, will be held at The LaSells Stewart Center. General admission is \$20. Proceeds from the event benefit the Good Samaritan Hospital Foundation Cancer Care.

The LaSells Stewart Center, 875 SW 26th St., Corvallis

Sunday, Sept. 22, 3 – 5:30 p.m.

For more information contact the Samaritan Cancer Resource Center at 541-812-5888 or 541-768-2171.

Save-the-date

Walk for the Cause

Soroptimist International of Albany is hosting their annual Walk for the Cause to benefit women in Linn County. Funds raised will support the detection and treatment of breast cancer.

Linn County Courthouse, Albany

Saturday, Oct. 5, 9 a.m.

For more information and to register visit: sialbany.org/walk.

Mindful After Cancer Study

Get involved with the OSU "Mindful After Cancer (MAC) Study", an 8-week mindfulness-based program. This online program is focused on fostering positive body image, sexual health and well-being.

Begins Tuesday, Oct. 15

For more information visit: health.oregonstate.edu/mindful

For more information contact the Samaritan Cancer Resource Center at 541-812-5888 (Albany), 541-768-2171 (Corvallis), 877-311-4686 (toll free), online at samhealth.org/Cancer or by email at CancerResourceCenter@samhealth.org.

If you wish to stop receiving this newsletter, contact us at CancerResourceCenter@samhealth.org or 541-768-2171.

Here for you

At the Samaritan Cancer Program, we understand the potential costs to receiving cancer care can be stressful. That is where our patient financial counselor can help. They'll discuss your options, so that you may focus on getting the care you need. Our financial counselor will:

- Answer questions about billing policies, billing statements and personal balance owed
- Help you understand insurance benefits and obligations
- Assist with the application process for patient assistance programs
- Provide guidance through the appeals process if coverage is denied
- Assist in resolving claims issues
- Link uninsured or underinsured patients to financial resources
- Estimate costs of future treatments (copays and deductibles based on diagnosis and treatment)



Patient financial counseling services are available through the Samaritan Cancer Program at no cost to you.

Be The Match[®] donor drive, save a life

Every three minutes someone is diagnosed with a life-threatening blood cancer like leukemia and lymphoma. For these people, a cure does exist. And, it could be you.

Over the past 30 years, Be The Match, operated by the National Marrow Donor Program (NMDP), has managed the largest and most diverse marrow registry in the world. They work every day to save lives through marrow transplants.

You will have a chance at the Annual Soroptimist Walk for the Cause on Saturday, Oct. 5 to join the Be the Match Registry and potentially save a life! Look for their vendor table at the Soroptimist Walk for the Cause to get registered or ask questions.

Registering is a quick process. It only requires donor information and a cheek swab. Not everyone who joins the Be the Match Registry will be matched and asked to donate.

For more information, please visit bethematch.org.



**BE THE
MATCH[®]**

Join the Be The Match Registry at the Annual Soroptimist Walk for the Cause on Saturday, Oct. 5, in Albany.

Source: Be The Match[®]

Did you know?

Leukemia and lymphoma are both blood cancers that involve white blood cells. They are also sometimes called “liquid cancers” because they do not form solid tumors. Historically, blood cancers were defined as leukemias if the bulk of the disease was found in the blood, or lymphomas if the bulk of the disease was in the lymph nodes.

Both adults and children may develop leukemia or lymphoma, with leukemia being the most common malignancy of childhood.

The symptoms of leukemia and lymphoma vary and are often non-specific. There may be some vague symptoms like fatigue or unexplained fevers at first. There may also be more acute blood cancer warning symptoms, such as swollen lymph nodes, abnormal bruising, bleeding or bone pain. More general symptoms such as feeling tired or weak, weight loss, abdominal fullness, fever and night sweats are also indicators.

**September is
national leukemia
and lymphoma
month.**

Source: VeryWell Health