



Cancer survivors: Get **SurvivorFit!**

Regain your strength after cancer treatment through SurvivorFit, a free fitness program for cancer survivors.

SurvivorFit is open to anyone who has undergone cancer treatment, no matter the type of cancer, where or when you received treatment.

Enjoy a free, three-month membership to participating fitness facilities in these communities:

Albany: SamFit

Corvallis: SamFit

Lebanon: SamFit

Lincoln City: Lincoln City Community Recreation Center

Newport: SamFit and Newport Recreation Center

Sweet Home: Steelhead Strength and Fitness

How to enroll

Ask your primary care provider for permission to participate in physical activity. Then call the Samaritan Cancer Resource Center at 541-768-2171 or toll-free at 1-844-768-7722, and press 1. You'll be enrolled in SurvivorFit and on your way to a healthier, active lifestyle.

Wellness coaching is available!



**Samaritan
Health Services**

samhealth.org/Cancer

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